



The Residence Portmarnock

A Message from the Director of Nursing



We are pleased to introduce The Residence Portmarnock to the community and welcome residents to this purpose-built home.

As Director of Nursing, together with our dedicated team, I am committed to creating an environment that truly feels like home, where each resident receives personalised, high-quality care delivered with kindness, dignity, and respect.

- Darwin Ambas





Welcome to The Residence Portmarnock

Where exceptional care meets elegant living.

At The Residence Portmarnock, we offer more than a place to live - we provide a luxurious, welcoming environment that truly feels like home. Our thoughtfully designed, purpose-built residence combines comfort, elegance, and compassionate care to enhance the quality of life for every resident.

Set around a beautifully landscaped courtyard garden, our serene outdoor space invites residents to unwind and enjoy the fresh sea air in a peaceful, private sanctuary.

Our community is enriched by a variety of thoughtfully designed spaces for socialising and relaxation. Residents can enjoy creative pursuits in the arts and crafts room, unwind with a film in the cinema room, explore our floor-by-floor libraries, or gather with friends in the clubhouse complete with a bar, sports viewing, and card tables.

Supporting overall wellbeing, we offer dedicated health and wellness amenities including a GP suite, physiotherapy room, and a hair and nail salon, providing the little luxuries that elevate everyday living.

Ideally located near the coastal communities of Portmarnock and Malahide, our residence allows residents to remain connected to the places and people they love, embracing independence while feeling truly at home.





Care at The Residence Portmarnock

Residential Nursing Care



At The Residence Portmarnock, we know how important it is to choose a care home for yourself or a loved one. We take pride in our person-centred approach, ensuring that care is tailored to the individual. We believe in providing more than just a place to live, we offer a caring and homely environment. Our highly trained staff work together alongside residents, their family members and healthcare experts to cultivate a care plan that reflects the resident's preferences, needs and life story.

Convalescent Care



We can offer convalescent care for those recovering from an illness, surgery, or hospital visit with a focus on recuperation, rest and recovery. Our experienced staff are here to support a smooth transition back home, ensuring each resident has the physical and emotional care that they need. We can provide private convalescent care and in addition, are approved by some health insurance providers. Please enquire for more information.

Dementia Care



We understand that it can be an emotional journey for all the family when a loved one is diagnosed with dementia and moving into full time care is a difficult decision. At The Residence Portmarnock, we are with you every step of the way to provide guidance and support. Our expert team at The Residence Portmarnock are passionate about providing compassionate and comprehensive care for people living with dementia and cognitive impairment.

Respite Care



At The Residence Portmarnock, we offer respite care as a short-term option to support both caregivers and their loved ones. Whether for a few days or a few weeks, guests receive the same high standard of personalised care and comfort as full-time residents. This service allows caregivers to take a well-deserved break, while offering a safe, welcoming environment for recovery and support. It's also a gentle way to explore whether long-term residential care might be the right fit for the future.

For more information on care options, please feel free to email our team on residenceportmarnock@emeis.ie



Lifestyle at The Residence Portmarnock

Daily Living

At The Residence Portmarnock, the happiness and safety of residents is our utmost priority. We believe that listening to the voices of residents and their family members is vital to improving the care we provide. We conduct an annual satisfaction survey; this key initiative is aimed at understanding what matters most to those we care for. The feedback we receive is invaluable, and it guides us on setting clear priorities to enhance the daily lives of our residents.

Activities

We have a programme of activities to suit all interests and abilities and encourage residents to stay active, connect socially, and take time to relax. We place great emphasis on physical activities from spending time outdoors to taking part in exercise classes. Within the home, there is an arts & crafts room, a library on each floor and a cinema room for residents to enjoy.

Social Events

We pride ourselves on getting to know the residents and what they like to do. This helps us to deliver exceptional experiences for residents to enjoy, with a range of external excursions and celebrations for residents to enjoy. We also celebrate seasonal events to include Easter, Summer BBQs, Christmas celebrations and birthday celebrations.

Residents Committee

Our active residents' committee meets every month to review services, menu choices, social programmes and care provision. A big emphasis is based on quality improvement and regularly obtaining feedback from residents and family members.

Health & Wellness

We provide a peaceful setting where residents can relax and recharge, with access to a hair and nail salon, personalised fitness classes, physiotherapy, and an on-site GP suite - all designed to support wellbeing and everyday indulgence.



Nursing Home Features & Facilities

The Residence offers a thoughtfully designed range of accommodation to suit different preferences and needs, across 151 bedrooms. Residents can choose between our comfortable standard bedrooms or our more spacious suite-style rooms. All rooms are tastefully decorated in soothing tones and luxurious finishes. Every room includes a television, telephone, and nurse call system, offering residents both comfort and peace of mind.





Dining at The Residence Portmarnock

Dining is a delightful experience at The Residence Portmarnock. Residents can enjoy coffee and cake in our in-house café or choose from elegant dining options available on each floor, all served from our state-of-the-art kitchen.

A thoughtfully curated culinary experience awaits at The Residence Portmarnock, where every dish is prepared with care, creativity, and a passion for flavour. Our chefs collaborate with trusted local suppliers to source fresh, seasonal ingredients and ensure that every meal is both nourishing and delicious.

Menus are refreshed regularly and updated seasonally, offering variety and choice that reflect resident's preferences and nutritional needs. In partnership with a nutritionist, our care team ensures that each meal contributes to a balanced, health-focused lifestyle.

We believe that mealtimes should be a cherished part of each resident's day and our team takes pride in making it an enjoyable experience. Meals are served in our large dining rooms on each floor or alternatively, residents may choose to have meals served in their rooms or share a meal with family in one of our private dining rooms.

There is a café situated within the nursing home for residents to enjoy afternoon tea or coffee and cake. It provides an ideal spot for a quiet afternoon or a catch up with friends.

OUR VISION

To meet global standards of excellence in older person care, continuously raising the bar through an exemplary relationship-centred approach, providing the highest quality of safe care for all residents.

OUR MISSION

Together, let's be a force for life for the most vulnerable. Together, we are working to meet one of the greatest societal challenges of the coming world. We have made a commitment and are actively bringing to fruition our capacity for innovation to help those who one day find themselves in need of such services to restore or maintain strength and capabilities, to cultivate their love of life and give their loved ones a sense of trust and peace of mind.

OUR VALUES

A Commitment to Humanity:

Because in caring, we reveal our humanity.

Taste for life:

Because to care for others is to cultivate the desire to live.

Thirst to learn:

Because the more we learn, the better we care.

Spirit of mutual aid:

Because helping others begins with helping each other.

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01 658 2341 | residenceportmarnock@emeis.ie | www.emeis.ie

The Residence Portmarnock, Limetree Ave Portmarnock Co. Dublin D13 X8KT