| Belmont House Activity Sheet - Main Ho MONDAY February 19th | MAIN HOUSE |
|--|---------------|
| Extend with Harry | 11.00 - 11.45 |
| Elizabeth on Accordion | 11.45 – 12.30 |
| Walking & Social Club with Elizabeth | 1.45-3.15 |
| Sing along with Brian Swords | 2.00 - 3.00 |
| Mass with Fr Pius | 3.00 – 3.30 |
| Monday Club with Harry | 5.30 – 6.30 |
| TUESDAY February 20th | MAIN HOUSE |
| Micky on Guitar | 11.00-11.45 |
| *Nature* Bog Lands with Harry | 11.45 - 12.30 |
| *Garden & Social Clun with Elizabeth* | 1.45 – 3.15 |
| Sing along with Alan | 2.00 - 3.00 |
| Mass with Fr. Pius | 3.00 - 3.30 |
| Yoga with Megan | 3.30 - 4.30 |
| *History* Irish & English Relations with Harry | 5.30 - 7.00 |
| WEDNESDAY February 21st | MAIN HOUSE |
| Extend with Harry | 11.00 – 11.45 |
| Virtual Tour; Ireland 1950s with Elizabeth | 11.45 – 12.30 |
| Music Therapy with Kevin | 2.00 - 3.00 |
| Stimulating Quiz with Elizabeth | 3.00 - 4.00 |
| Happy Hour Ballroom of Romance with Harry & Elizabeth | 5.30 - 6.30 |
| THURSDAY February 22nd | MAIN HOUSE |
| Irish Morning Furey's and Davy Arthur with Aine | 11.00 – 11.45 |
| Songs & Stories with Brian | 11.45 – 12.30 |
| Movement to Music with Annalease | 2.00 - 3.00 |
| Mass with Fr Pius | 3.00 - 3.30 |
| Physiotherapy Class with Akshaya | 4.00 - 4.30 |
| Aisling Plays the Harp and Sings! | 5.30 - 6.30 |
| FRIDAY February 23rd | MAIN HOUSE |
| Sing along with Hedda | 11.00 – 11.45 |
| Our very own poet W. B. Yeats with Aine | 11.45 – 12.30 |
| Sing along with Alan on Guitar | 2.00 - 3.00 |
| Music with Brian Swords | 3.30 - 4.00 |
| Evening of Music with Kevin in the Piano Room | 5.30 - 6.30 |
| SATURDAY February 24th | MAIN HOUSE |
| Knitting Club in the Piano Room with Elizabeth | 11.00 – 12.30 |
| The one & only Doris Day with Aine | 11.00 – 11.45 |
| Singh along with Jack Morrisey | 11.45 – 12.30 |
| Sing along with Bill | 2.00 - 3.00 |
| News & Views with Elizabeth | 3.00 - 4.00 |
| *Movie Night* | 5.30 - 6.30 |
| SUNDAY February 25th | MAIN HOUSE |
| Movement to Music with Annalease | 11.00 – 11.45 |
| American Singer Patti Page with Aine | 11.45 – 12.30 |
| Mass with Fr. Pius | 2.00 – 2.30 |
| Music with Ciaran Smith | 2.30 - 3.30 |
| The King of Hollywood Clarke Gable with Aine | 3.30 - 4.00 |
| Aisling Plays the Harp and Sings! | 5.30 - 6.15 |