

Belmont House Activity Sheet - Evergreen

MONDAY February 19th

Nice & Easy with Harry	EVERGREEN 10.15 - 11.00
Sing along with Elizabeth & Puppet	11.00 - 11.45
Magic Table with Staff	11.45 - 12.30
Flower Arranging with Margaret	2.00 - 3.00
Music with Brian Swords	3.00 - 4.00
Ball Games & Songs with Harry	6.30 - 7.30

TUESDAY February 20th

Circle Games with Harry	EVERGREEN 10.15 - 11.00
Micky on Guitar	11.45-12.30
Art Workshop with Megan	2.00 - 3.00
Sing along with Alan on Guitar	3.00 - 4.00
Sing along with Harry	6.30 - 7.30

WEDNESDAY February 21st

Wool with Elizabeth	EVERGREEN 11.00 - 11.45
Balloon with Harry	11.45 - 12.30
Mass with Fr Pius	2.00 -2.30
Feeling Good with Elizabeth	2.30 - 3.00
Music Therapy with Kevin	3.00 - 4.00
Happy Hour with Harry & Elizabeth	6.30 - 7.30

THURSDAY February 22nd

Physiotherapy Class with Akshaya	EVERGREEN 10.30 - 11.00
Songs & Stories with Brian	11.00 - 11.45
Hand Massage with Aine	11.45 - 12.30
Hands on Activity with Margaret	2.00 - 3.00
Movement to Music with Annalease	3.00 - 4.00
Aisling plays the Harp	6.30 - 7.30

Friday February 23rd

Flower Arranging with Aine	EVERGREEN 11.00 - 11.45
Music with Hedda	11.45 - 12.30
Music with Brian Swords	2.00 - 3.00
Sing along with Alan on Guitar	3.00 - 4.00
Entertainment with Kevin	6.30 - 7.30

SATURDAY February 24th

Sing along with Jack Morrisey	EVERGREEN 11.00 11.45
Ball Games with Aine	11.45 12.30
Entertainment with Elizabeth	2.00 - 3.00
Sing along with Bill	3.00 - 4.00
Saturday Movie	5.30 - 7.30

SUNDAY February 25th

Balloon with Aine	EVERGREEN 11.00 - 11.45
Movement to Music with Annalease	11.45 - 12.30
Flower Arranging with Aine	2.00 - 3.00
Music with Ciaran Smith	3.30 - 4.30
Aisling Plays the Harp and Sings	6.15 - 7.00