# Beach Hill Manor

emeis

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# OUR VISION

To meet global standards of excellence in older person care, continuously raising the bar through an exemplary relationship-centred approach, providing the highest quality of safe care for all residents.

# OUR MISSION

Together, let's be a force for life for the most vulnerable. Together, we are working to meet one of the greatest societal challenges of the coming world. We have made a commitment and are actively bringing to fruition our capacity for innovation to help those who one day find themselves in need for such services to restore or maintain strength and capabilities, to cultivate their love of life and give their loved ones a sense of trust and peace of mind.

# OUR VALUES

**A Commitment to Humanity:**
Because in caring, we reveal our humanity.

**Taste for life:**
Because to care for others is to cultivate the desire to live.

**Thirst to learn:**
Because the more we learn, the better we care.

**Spirit of mutual aid:**
Because helping others begins with helping each other.

# CARE OPTIONS

## Residential Nursing Care

We provide exceptional nursing care for people with both simple and complex needs. Areas of specialty care include stroke or neurological injury, physical disability and long-term conditions such as Parkinson's disease, arthritis, cardiac or respiratory illness. We are highly-experienced at caring for residents with one or more medical conditions, and adapting for common challenges in other areas such as hearing and mobility.

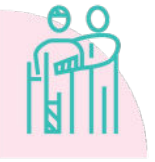
## Convalescence Care

Convalescence care is designed to provide an important transitional phase immediately after discharge from hospital. Our specialised programmes, tailored to individual medical needs, can greatly assist in restoring a person's confidence as they progress towards full recovery and integrate back into the community as quickly as possible.

## Dementia Care

We specialise in caring for people living with all types of dementia. We understand that it can be an emotional journey for all the family when a loved one is diagnosed with dementia and moving into full-time care is often a difficult decision. We know how important it is to find/choose a care home where one is not defined by dementia. Our dedicated and experienced team have specifically chosen to work with this sector and are passionate about providing the best possible alternative for those who are no longer able to manage in their own home.

## Respite Care



Respite care can vary from a few days to a few weeks, typically when a home carer is temporarily unavailable. Respite care can also be helpful in assessing whether residential care is a suitable care option for you.

## Adult Services under 65

We provide specialised care for adults between 18 and 65 years with a wide range of health problems, disabilities and acquired brain injury. We support individuals to realise their goals and potential, whilst meeting their specific assessed needs.

# CARE PLANS

Care plans are developed by our Registered Nurses in conjunction with the individual resident and, if desired, their family members in consultation with our multi-disciplinary team. Plans include medical, nutritional, spiritual, physical and emotional care, with strong emphasis on ensuring each individual's will and preference is reflected in their plan of care. We also incorporate areas of essential wellbeing such as physical exercise, time outdoors, cognitive stimulation and social engagement.

# OUR TEAM

Our home is led by an experienced Director of Nursing and supported by Assistant Directors of Nursing, clinical nursing staff , healthcare assistants, admin and catering / household staff . We are a multi-disciplinary team that includes GPs and allied health professionals that support us in delivering best quality care to residents. Our positive organizational culture permeates through our home and impacts on how employees approach their work and interact with residents. With residents, staff and families working together we make everyday life in the nursing home, stimulating, engaging and as enjoyable as possible for everyone.

# MEALS & NUTRITION

Our menus are reviewed seasonally by our culinary team to ensure we incorporate our residents preferences, local suppliers and foods in season. Menus are reviewed by our nutritionist and local teams to ensure there is a balanced approach to individual requirements and a healthy varied diet. Our culinary support team assist each location with individual meal plans and ensuring all residents are accommodated with their personal needs. Our meal time experience is a valued part of our residents day and we ensure our teams make every effort to make this an enjoyable experience. Our chefs regularly meet directly with residents to discuss their likes and dislikes and ensure every residents needs are met.

# SOCIAL CARE & ACTIVITIES

We have a programme of activities to suit all interests and abilities and encourage residents to stay active, connect socially and take time to relax. We place great emphasis on physical activities from spending time outdoors to taking part in exercise classes. Our staff assist residents to participate at a level that is comfortable, enjoyable and suited to their individual ability. Seasonal events include Easter, Summer and Christmas celebrations, music, activities and afternoon tea parties.

# RESIDENTS COMMITTEE

Our active Residents Committee meets every month to review services, menu choices, social programmes and care provision. A big emphasis is placed on continuous quality improvement and regularly obtaining feedback from residents and family members is a key component toachieving this goal.

# COMMUNITY LINKS

We support and encourage residents to maintain links outside the nursing home and do our best to welcome people from the local community to contribute and partake in social activities and excursions with residents.

# VISITING

Visitors are welcome at any time suitable to the resident. Family and friends can visit within some of the public areas including the gardens and resident rooms.

# Beach Hill Manor

Beach Hill Manor combines comfort with security. It is situated outside the beautiful village of Fahan near Buncrana in north Donegal. It is just opposite the beach and golf club and set in tranquil landscaped gardens.

The nursing home is furnished to a high standard with a welcoming reception area and several day rooms where residents can relax or join in the many activities organised by staff .

All bedrooms are well furnished including a television, and a Nurse call system.

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